



YOUTH BOWLING DIRECTIVE

These ECB Directives apply as of 2016.

Age Max.	overs Max.	overs per spell per day
Up to 13	5	10
U14, U15	6	12
U16, U17, U18, U19	7	18

For the purpose of these Directives a fast bowler is defined as a bowler to whom a wicket keeper in the same age group would in normal circumstances stand back to take the ball.

Having completed a spell, the bowler cannot bowl again, from either end, until the equivalent number of overs to the length of his/her spell have been bowled from the same end. A bowler can change ends without ending his current spell provided that he/she bowls the next over that he legally can from the other end. If this does not happen his/her spell is deemed to be concluded.

If play is interrupted, for any reason, for less than 40 minutes any spell in progress at the time of the interruption can be continued after the interruption up to the maximum number of overs per spell for the appropriate age group.

If the spell is not continued after the interruption the bowler cannot bowl again, from either end, until the equivalent number of overs to the length of his/her spell before the interruption have been bowled from the same end. If the interruption is of 40 minutes or more, whether scheduled or not, the bowler can commence a new spell immediately.

In matches of 20 overs or less per team where the competition regulations only allow bowlers to bowl less than or equal to the number of overs specified as the maximum in a spell in the match.

Directives the provisions requiring an equivalent number of overs from the same end to have elapsed before a subsequent spell can commence shall not apply (e.g. in any age group competition where a maximum of 4 overs per bowler is allowed these may be bowled at any time in the innings irrespective of the number of spells bowled).

Once a bowler covered by these Directives has bowled in a match, he/she cannot exceed the maximum number overs per day for his age group even if he subsequently bowls spin.

He/she can exceed the maximum overs per spell if bowling spin, but cannot then revert to bowling fast until an equivalent number of overs to the length of his/her spell have been bowled from the same end.

If he/she bowls spin without exceeding the maximum number of overs in a spell the maximum will apply as soon as he/she reverts to bowling fast. Captains, Team Managers and Umpires are asked to ensure that these Directives are followed at all times.

For guidance it is recommended that in any 7-day period a fast bowler should not bowl more than 4 days in that period and for a maximum of 2 days in a row. Age groups are based on the age of the player at midnight on 31st August in the year preceding the current season.

Signed by



Steve Ballard

Club Position: Club Chairman

Update: 2 - 11th December 2023 / Review Date: 11th December 2025